**Chapter :1 My Body**

 **Class: II**

 **Subject: EVS**

1. **Fill in the blanks:**
2. We were born as (babies)
3. Our body is like a ( machine)
4. The parts of the body that can be seen are called ( external ) organs.
5. The (heart) pumps blood to all parts of our body.
6. Our body is made of (bones) and ( muscles).
7. We use our (lungs) to breath.
8. The (brain) helps us to think , learn and remember.
9. The food we eat goes into our (stomach).
10. **Write true or false:**
11. We need our parents help and care. ( true)
12. We cannot see the external organs. (false)
13. We cannot hear our heart beat. (false)
14. We have two lungs in our body.( true)
15. We should sleep only for four hours. (false)
16. **Answer the following:**
17. What do babies need to grow?

Ans : Babies need good food, care, love and affection to grow.

1. What are internal organs?

Ans: The parts of the body that are inside our body are called internal organs.

1. How do bones and muscles help us?

Ans: Bones and muscles help us to move, walk and run.

1. What is the main function of the heart?

Ans: It pumps blood and sends it to all parts of the body.

1. How does the brain help us?

Ans: The brain help us to think, learn and remember.

1. How should we take care of our body?

Ans: we should take care of our body by eating good food and regular exercise.

1. **Name them:**
2. Name the organs that used to think, learn and remember

Ans: brain

1. Name the organ that used to digest the food we eat:

Ans: Stomach

1. Name the organs that used to breathe:

Ans: Lungs

1. Name the organ that pumps blood to all parts of the body:

Ans: Heart

1. Name the organ that used to move, walk and run:

Ans: Bones and muscles

1. **Match the following:**
2. Brain – helps us to think
3. Heart – supplies blood
4. Stomach – digest food
5. Lungs- helps to breath
6. Bones and muscles – give shape to our body
7. **Choose the correct answer:**
8. What is our body made up of?
9. Blood b) bones and muscles
10. What is our body covered with?
11. Skin b) brain
12. What helps us to think?
13. Heart b) brain
14. **Give two examples for each:**
15. External organs : eyes, nose
16. Internal organs: brain,lungs
17. **Drawing:**

Draw five sense organs